

FACULTY PROFILE

NAME: MONIKA SAHU

INSTITUTIONS: SHRI KULESHWAR MAHADEV

GOVT COLLEGE GOBRA NAWAPARA RAIPUR, CG

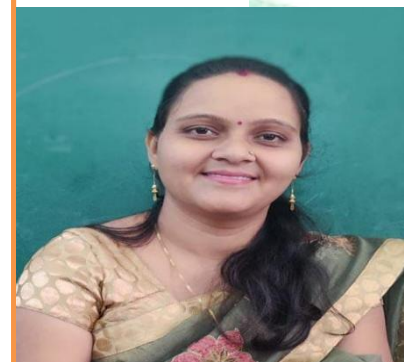
DATE OF FIRST APPOINTMENT: 30/12/2021
(IN HIGHER EDUCATION)

DATE OF FIRST JOINING: 30/12/2021
(IN SKMG)

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NAME: MONIKA SAHU

DESIGNATION: ASSISTANT PROFESSOR

DEPARTMENT: HOME SCIENCE

QUALIFICATIONS:

	Subject/Title for PhD	Year	From (University)
Graduation	BSc Home Science	2006	Govt. D.B. Girls P.G. College Raipur, CG
Post-Graduation	MSc. Food & Nutrition	2008	Govt. D.B. Girls P.G. College Raipur, CG
NET	Home Science	2014,	
SET	Home Science	2017	
Others	Certificate course in Food and Nutrition	2009	IGNOU

COURSES TAUGHT: BA Home Science (DSC, GE, VAC)

ADDITIONAL RESPONSIBILITIES:

1. Co-Ordinator – Women Cell
2. Member- Online Education Teaching Portal and Study Material Cell
3. Member-Student Support Mentoring and Psychological Counsel Cell
4. Member- Write-off Committee
5. Member- Alumni Committee
6. Member- Admission Committee
7. Additional Superintendent Semester Exam 2025-2026

PUBLISHED PAPERS:

1. Food Practices and Dietary Intakes of Cancer Patients in Raipur City. Online International Interdisciplinary Research Journal, ISSN 2249-9598, Volume-13, Issue-06, 2023, www.oirj.org
2. Effect of eating Habits on Menstrual problems among adolescent girls: A cross- sectional survey. International Journal of Home Science 2025;11(2):636-640 DOI: <https://www.doi.org/1022271/23957476.2025.v11.i2i.1927>
3. Assessing trends of dietary diversity among women in Chhattisgarh, emphasizing on locally available foods. IJFANS International Journal of Food Science and Nutritional Science. ISSN 23191775online 23207876 vol14.Issue.05 2025

BOOK CHAPTERS : 1

Name of Book- Traditional Indian Textile

Published by – Vaibhav Prakashan, year- 2026

INSTITUTIONS WORKED IN: Shri Kuleshwar Mahadev Govt. College Gobra Nawapara Raipur, CG

OTHER APPOINTMENTS/ACHIEVEMENTS: College President in D.B.P.G. Girls college Raipur in year 2007-2008

PAPER PRESENTED IN SEMINAR/CONFERENCES (NO.): NATIONAL

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Presented a paper on entitled Dietary Habits, Nutritional Status and

Mood in adolescent Girls on 28TH January, 2025 held at Faculty of

Management Studies, The Maharaja Sayajirao University of Baroda

INTERNATIONAL- 1

Presented a paper on entitled Effect of Eating Habits on Menstrual Problems among Adolescent Girls on 5-10 August 2024 held at IVC-2024 organized by International Science Community Association

FDP/INDUCTION/REFRESHER COURSE ATTENDED:

1. Participated in the Faculty Induction Programme (orientation) on 19/05/2022 to 17/06/2022 at HRDC Gujrat University, Ahmedabad.
2. Participated in the Refresher Course in Environmental Studies on 01/07/2024 to 14/07/2024 at HRDC Gujrat University, Ahmedabad.
3. Participated in the Refresher Course on Expanding Horizons of Home Science on 18/08/2025 to 30/08/2025 at MM-TTC, Rani Durgavati Vishwavidyalaya Jabalpur, Madhya Pradesh.
4. Participated in Short Term Programme in Academic Leadership on 03/02/2025 to 08/02/2025 at MM-TTC, Pt. Ravishankar Shukla University, Raipur CG.
5. Participated in NEP 2020 Orientation and sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of UGC organized by Malaviya Mission teacher Training Centre pt. Ravishankar Shukla University, Raipur CG.

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6. Participated in the one week online National Level Faculty Development Program on POSH: prevention of Sexual Harassment (Prevention, Prohibition & Redressal) Act2013-Awareness & Internal Complaint (ICC) Function” organized by Faculty of Nursing Gokul Global University Siddhpur, Gujrat from 21 to 26.
 7. Participated in the 7 days Faculty Development program (FDP) on “Gender Inclusion, Equity, Initiative & Sensitization” Organized by Veerangna Ramoteen Madiya Govt. Modal Women’s college Narayanpur (CG). From 13to 19 march 2026.
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